

VALUE ADDED PRODUCTS OF PALMYRA SPROUT - PANANKIZHANGU

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ABSTRACT

This paper gives an insight about the value-added products of Palymra Sprout and it also focuses on the health benefits of panankizhangu -which is also in rich fiber content. Palymra Sprout is a native product of Tamil Nadu and it also reveals about the various the measures taken by the farmers in general to make it as a value-added product. The study focuses on the steps taken by the government and also the individuals in the sowing of palmseed, so that a lost sprout needs to be in limelight because of its innumerable uses.

KEYWORDS: *Naatupanai, Koonthapanai, and Thalipanai, Plamyrah, Karpaga Vriksham, Panangkilangu, Panankizhangu, Neera, Panam Karupatti*